THE MOUNT SCHOOL YORK







The Mount School _{York}

Sixth Form Girls Age 16-18







WELCOME

At The Mount School we offer girls a personalised Sixth Form experience, not just academically, but also providing you with opportunities beyond the curriculum and bespoke preparation for your next steps.

Girls in The Mount Sixth Form College are empowered, confident, articulate and compassionate. They learn who they are and to be themselves. They think independently, live adventurously, lead others and are critically conscious of the world around them.

Making the right choice for your Sixth Form education is so important and we know that what we offer at The Mount is truly exceptional. We have a reputation for excellent achievement and our pupils successfully go on to high-ranking universities and career paths. Our small Independent School environment means that pupils are able to hone their skills during the two A-Level years to get the best results they can. Girls are inspired to strive for their dreams and aspirations. Through supported study, they can push themselves to achieve, with highly skilled and knowledgeable teachers motivating them at every turn. We know that a pupil with The Mount School on their CV is sure to go far.

"Regardless of what you want to achieve, the all-girl Quaker ethos encourages you to go for it." - Alicia

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"In every way, The Mount always makes you feel as though you can achieve anything if you put your mind to it." - Hannah

Joanne Goudriaan, Co Principal

WE KNOW GIRLS CAN

The Mount School York is a leading school in educating girls and understanding their needs, inspiring confident young women, enabling them to believe nothing is beyond their reach.

We are passionate about girls and providing them with the best education. Every aspect of Sixth Form life is designed to inspire young women, from our curriculum, tailored teaching, expert careers support, well-being care and the enrichment programme. We believe there should be no limits to girls' ambitions. There is no stereotyping, especially when it comes to career aspirations. Mount girls discover their passions, develop confidence and learn to be whoever they want to be.

Mount girls leave School ready to take on the world. Due to our all-girl Quaker ethos, they develop an awareness and reinforcement of their place in the world. They are confident in their voice and they challenge injustice when they see it. Mount girls know they can make a positive contribution to our changing world and it is unsurprising that many go on to become inspirational leaders in their chosen profession.

& THEY DO AT THE MOUNT





Sixth Form is an empowering time for you as you begin to realise your aspirations and all the exciting possibilities open to you.

The Mount Sixth Form College offers you an exceptional education, designed to equip you with the skills and motivation to support you beyond school.

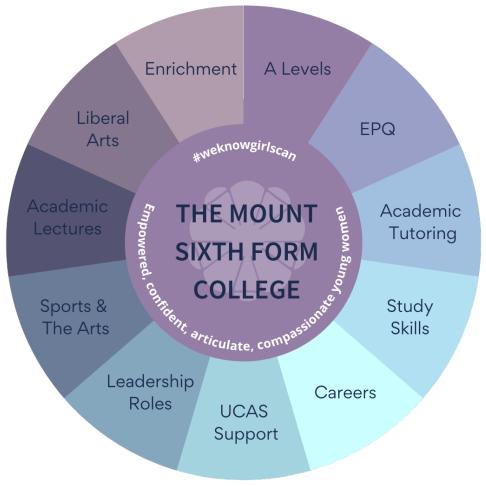
In addition to our bespoke and motivating curriculum, providing opportunities for growth are at the heart of our Sixth Form offering. The Sixth Form programme is designed to give you time to explore your interests, develop new ones and ignite your passions. A vast array of extra-curricular activities, leadership opportunities, specialised lectures and extensive Careers support will provide you with a stimulating and well-rounded education.

"The Mount is truly a unique school. It's a school where you are supported by teachers when you need help and challenged by them when you are ready for the next push. It is a community that encourages you to find your interests and be who you are. " - Charlotte

ENDLESS OPPORTUNITIES

There are endless opportunities available to young adults today. Whichever path you choose to take, by taking part in every aspect of the Sixth Form programme we are confident you will not only be equipped with excellent exam results but with the life skills and qualities to stand apart from others.

We know Mount girls will, and do, go on to have successful and happy lives, and bright futures.



DID YOU KNOW?

The Mount Sixth Form College is also referred to as 'College'. This is because The Mount was one of the first institutions to train women to be teachers in a teaching College. Young women studied for teaching qualifications at The Mount in the building that now houses the College common room and studies.

A LEVEL **LEARNING**

Learning in Sixth Form allows you to foster confidence and independence in a safe and nurturing environment. Sixth Form girls are respected as individuals and you will be treated as young adults. We understand the changing needs you face at this stage of your learning and the importance of exam preparation, university entrance and future employment.

Lessons are designed with girls in mind, we will nurture your curiosity and develop your talents. We ensure that you fully understand your lessons and have the time to consolidate your learning in a way intrinsic to young women. Teachers allow you the freedom to work independently, but also know when to offer you support and guidance. Our small class sizes provide opportunities for discussion, interaction, collaborative learning, analysis and one to one support.

A Level courses are taught by dedicated teachers who will inspire you to achieve your best. Teachers are keen to share their passions for their subjects and will encourage you discover more. Teaching staff get to know their pupils well and will provide you with tailored help and support, essential in the two short years of your A Level courses.

At The Mount we set the bar high for our girls. They consistently achieve excellent exam results across all subjects, and fulfil their dreams and aspirations when moving on to higher education and future careers.

"Life inside the classroom is tailored to you and your way of learning; this is achievable by the small class sizes, and the close relationship with teachers. All the staff at The Mount have been very supportive. The Mount is empowering it provides you with strength and support to take on the world!" - Georgia

"Sixth Form results at A Level are above the national average for all maintained schools and sixth-form leavers are successful at entry to a wide range of universities." ISI Inspection



Pupils at The Mount usually study three or four A Level subjects.

The following A Level courses are offered:

- Art and Design
- Biology
- Business
- Chemistry
- Classical Civilisation
- Design Technology
- Drama and Theatre Studies
- Economics
- English Literature
- English Language
- French
- German
- Geography
- History
- Mathematics
- Further Mathematics
- Music
- Physics
- Physical Education
- Psychology

More information about each A Level Course can be found in our A Level Curriculum Handbook.





EXTENDED PROJECT QUALIFICATION (EPQ)

In addition to your A Level courses at The Mount you can study for an Extended Project Qualification (EPQ).

What is an EPQ?

The EPQ is a Level 3 course which is taken alongside your A Levels. Through the EPQ you are able to extend your abilities beyond A Level and prepare for university or a future career. You will be required to complete a project on a topic of your choice. The project can be in the form of an essay or report or an artefact e.g. a musical composition or piece of artwork.

You will have the chance to explore your passions and personal interests in more depth. You will learn to work independently and refine your presentation skills.

An EPQ enhances university applications and can you a deeper understanding of your chosen career path, demonstrating a breadth of interest and knowledge.

RECENT EPQ TOPICS INCLUDED:

- Thatcherism and its impact on the working class
- Modernism and its impact on literature
- The viability of Life on Mars
- The link between smoking and cancer
- Orca captivity and the impact on the cognition of orcas
- Chloroform a history of controversy
- Fashion products and the empowerment of women



"Working in the cosmetics industry has always been an ambition of mine. So much so that my EPQ was focused around the cosmetics industry and the influence of chemical development and social change. Starting in July I will be doing a work placement with the cosmetics brand L'Oreal. The research I undertook for my EPQ gave me some valuable knowledge for my interview, which meant I stood out against the other candidates. Lalso used my experience of public speaking which I had from both my EPQ presentation and various activities from my time at The Mount."

- Izzy, Mount Alumna

ACADEMIC TUTORING

In the Sixth Form you will have a Personal Tutor who has pastoral and academic responsibility for you. The tutor/student relationship is important, so a great deal of care is taken in placing you with a tutor. Your Tutor will meet with you regularly to discuss academic progress and your progression in your wider activities. They will help stretch and challenge your ambitions as well as help with any concern you have. They will also guide you through your applications for university or other post A Level courses in liaison with the Careers Leader and the Head of College.

STUDY SKILLS

You will be supported throughout your two years with a bespoke study skills programme delivered by your Personal Tutors. Reviewing and developing study skills will help to boost your confidence to succeed, but also enable you to learn to work more effectively equipping you with skills you will need for A Level study and in your future.





"The Careers Department at The Mount is very strong, giving us help and encouragement to ensure our application is as promising as possible.

My university application was enhanced by opportunities I had to submit my writing for competitions, such as the York Literature Festival." Hannah, Mount Alumna

CAREERS & FUTURE ADVICE

It is a very exciting time for young adults, you have lots of future possibilities and careers are evolving everyday. With so many opportunities available to you, it is important you have all the help you need in making the decisions that will shape your futures. We do this by equipping you with knowledge of the world of employment and career opportunities available to you, free from gender stereotypes and without squashing any ambitions.

Advice is tailored to each individual pupil, encouraging you to discover and strive for your goals and dreams. Our outstanding Careers Department offers every pupil one-to-one support. They will help you make considered choices and decisions in relation to your anticipated careers and occupations.

You will also find inspiration and guidance through regular talks and seminars planned with guest speakers. We regularly welcome guests from a variety of careers including leading women from our alumnae community who are happy to share their experiences and inspirational stories. We also enable work experience, job shadowing and insight days.

Whichever path you choose to take we will provide you with the support and knowledge to make confident decisions about your future.

BEYOND SCHOOL.

UCAS SUPPORT

You will receive extensive support with your UCAS applications. Guidance is highly personalised and tailored to each pupil to ensure you make the right decision for yourself.

We guide you and your parents through the process of applying to university, helping you to make best use of the resources and support available. We will help you identify the course which is the best fit for you, leaving you ready and excited for the next step ahead.

We give specific guidance for pupils wishing to apply to Oxbridge or to study medicine, dentistry and veterinary science. All pupils take part in interview preparation for university and work placements. We maintain close connections with many universities, and we have an impressive track-record of helping girls to decide upon and reach their first-choice destinations.

FURTHER STUDIES

We appreciate that you may not wish to attend University and take a different path. We are also highly experienced in helping pupils with non-UCAS applications of all types, including for study overseas, apprenticeships or Art Foundation courses. In addition, we are able to offer bespoke support and contacts if you decide to apply for an Apprenticeship or if you wish to take a Gap Year before your next step in life.

Mount girls have gone on to do voluntary work overseas, work in Ski Resorts, study Art Foundation courses, attend Policing College, study at the Royal Academy of Dramatic Art (RADA) and the prestigious Norland College, to study Early Years' Childcare Development. Most recently girls have taken up Apprenticeships with Greencore, Convenience Food Producers in Business Management and in Veterinary Medicine at the Green Vets Surgery.

DESTINATIONS

Each year Mount pupils choose to study a variety of subjects at an array of locations, in the UK and internationally. Below are some examples of recent leavers destinations.

University of Bristol	Electrical Engineering, Law
Cornell University (USA)	International Hospitality
Durham University	Psychology, Social Sciences
University of Edinburgh	Anatomy & Development, Costume Design
University of Leeds	Medicine, Midwifery
Imperial College London	Biochemistry
London School of Economics	Management
University of Manchester	Criminology, Finance
University of Nottingham	English with Creative Writing
University of Oxford	Modern Foreign Languages
Paris School of Business	International Business Management
Queen Mary University of London	International Relations & Business Management
Ravensbourne University of London	Fashion & Textiles
Royal Academy of Dramatic Art	Acting
University of St Andrews	Geography
University of Warwick	English Literature
University of York	Business of the Creative Industries.

BE THE CHANGE

Girls from The Mount have gone on to become Ambassadors, Authors, Actresses, Business Leaders, CEOs, Doctors, Engineers, Lawyers, Media Personalities, Musicians, Scientists and Teachers to name but a few.

We have no doubt Mount girls will continue to leave The Mount inspired to be the change in the world that they want to see.

WELL-BEING & SUPPORT

We want our pupils to live happy and healthy lives. We are committed to promoting the wellbeing of every girl. Driven by our Quaker Ethos, we place an emphasis on respecting and valuing every individual.

Our all-girl environment promotes a supportive community. Mount pupils develop caring, fun and positive friendships. The sense of teamwork and mutual respect is fostered through regular events and activities that encourage team-bonding.

You will meet regularly with your Personal Tutor, who will help you develop the skills needed to face and overcome any future challenges. Our PSHE programme continues in the Sixth Form in which we encourage discussion about important topics including positive mental health and relationships. This is also supplemented with guest speakers as part of the College Specials Programme. The School Nurse provides care for all pupils and there is also access to a School Counsellor.

"The Mount's all-girl environment creates such a community feel. In Sixth Form we all bonded and got along so well despite us all being different. You can feel the camaraderie in the Common Room and we all support each other." -Naomi



ENRICHMENT

The Mount Sixth Form is about more than just academic results, we prepare you for life beyond School.

Through guest lectures, our Academic Lectures programme and a variety of extra-curricular activities, you will enjoy a rounded education. You will discover your passions, your hobbies, develop character, learn team and life skills, all of which give you a powerful advantage over others when applying for higher education, and in the workplace. You will leave The Mount as self-aware individual, confident, compassionate, and prepared for life ahead.

"Before I joined The Mount, I would complete my classwork and homework, but would not necessarily take on clubs or competitions, because my main interest was in getting good grades. Now, I realise that it's about more than that; College encourages you to explore what you think are your boundaries. The main thing I've gained so far is taking more opportunities." - Phoenix

EXTRA-CURRICULAR ACTIVITIES

We provide a huge range of activities for you to join or help organise. As well as helping you thrive beyond the classroom you will develop new skills, and most importantly have fun! Our activities provide you with the opportunity to unwind and relax away from your studies. The list of activities is constantly evolving to meet the demand.

Activities include; The Prince's Trust, Drama, Theatre and Film Clubs, Duke of Edinburgh Award, Debating Society, Dance and Music Activities, Law and Court Club, Language Clubs, Creative/ Artistic Activities, Coding and Robotics, and a wide range of Sports Clubs and Activities.

For many of these activities the lead comes from you - the Sixth Form girls – preparing for and organising the activities with minimal assistance from teaching staff.



ACADEMIC LECTURES

In Sixth Form you will attend a series of weekly lectures, inter-active workshops and presentations known as College Specials. Sessions include those based on Careers, university applications and the Liberal Arts.

Recent speakers have included Human Rights Defenders from Burma, Rwanda and Kenya, a medical researcher sparking debate over animal testing, a leading animal conservation expert and a Quaker Prison Minister. You are invited to contribute to the planning of this programme.

LIBERAL ARTS

As part of The Mount's commitment to a holistic and rounded Sixth Form education, you will take part in a Liberal Arts programme. Discussions concerning political developments and environmental issues are complemented through gallery visits and tours. We are fortunate to have a plethora of cultural institutions and sites of historic interest within walking distance of the School and the Enrichment programme takes full advantage of this.

You will be encouraged to deliver your own 'TED talk' style of presentation in front of your peers and teachers. The experience of standing in front of an audience and speaking with enthusiasm about an issue that you consider relevant to the world, is empowering and provides excellent experience ahead of university or your future career.

You will also have the opportunity to take part in challenges and competitions such as the Model United Nations, Young Enterprise and PeaceJam Conferences.

GLOBAL THINKING

At The Mount our Quaker ethos equips pupils with confidence and awareness of their place in the world. Personal, Social, Health and Economic (PSHE) sessions will keep you informed, active and responsive. Skills that will allow you to thrive in tomorrow's changing workplace. The PSHE programme in Sixth Form encompasses a range of activities, from those designed to promote financial literacy at university to those that seek to expand the cultural parameters of pupils. Pupils also lead discussions surrounding topical issues such as the Black Lives Matter protests and the #metoo movement.

COMMUNITY SERVICE

Mount girls volunteer many hours of their time to help others. You will have plenty of scope to give without even leaving the School campus, for example helping with the Green Committee, raising money for charity, participation in Amnesty International activities, mentoring younger pupils and assisting in the classrooms of The Mount Junior School. Further afield, we have Mount girls working in charity shops, befriending the elderly and helping with children's charities. We will assist you in arranging placements with a link to a prospective career.

LEADERSHIP ROLES

As a senior member of the School community you will have many opportunities to take on responsibilities that will develop your management and leadership skills. Opportunities for you to use your initiative, work as part of a team or to take charge include being part of the College Leadership Team, Captains of sports teams, House Captains, mentoring younger girls or running clubs and activities.





SPORT & GAMES

Sport at The Mount is about enjoyment as well as the physical and psychological benefits. A busy life in School can be happily off-set by an hour or two on the Netball court!

Sports teams and fixtures continue through the Sixth Form. Teams compete in Netball, Hockey, Tennis, Swimming and Rounders. There are also recreational activities available such as Metafit, Dance, Yoga and Volleyball. You will also have the opportunity to qualify as a professional lifeguard, gaining the NPLQ qualification.

You will take part in College Games, a valuable part of the timetable. It gives you the opportunity to be physically active, providing stress relief and variety from studying. We provide a range of opportunities with activities to suit every individual.

THE CREATIVE ARTS & PERFORMING ARTS

There are lots of creative opportunities for you, even if you may not have continued to follow this route at A Level. We encourage you to develop your creative passions and foster a love and appreciation of the arts.

Musically, you can continue with instrumental lessons and join in with the many ensembles or sing in the choir. You will have the opportunity to participate in Dance and Drama through LAMDA lessons, activities and the annual concerts and performances.

If you wish to develop artistic skills there are many activities to get involved in such as Creative Writing, the School Newspaper, Photography and Life Drawing.

TRIPS & RESIDENTIAL S

You will have many opportunities to experience the world beyond the classroom through trips and expeditions. This could be part of your academic study, including theatre visits for English and Drama students, or field trips for Biology and Geography students. As well as the Duke of Edinburgh expedition, you will also have the opportunity to travel on sports tours, our annual ski trip or our triennial expedition to Namibia. Recent destinations for expeditions have included Greece, Berlin, Italy and Iceland.

DEDICATED FACILITIES

In recognition of your growing maturity and independence, College girls have their own space in the dedicated Sixth Form Centre. You can relax in the Common Room, or take advantage of quiet study spaces.

STUDY FACILITIES

As a College pupil you will have your own study rooms, usually shared with one other student in our purpose built Sixth Form Centre equipped with wireless network connections. Studies can be used during free lessons, breaks and after School. Your study becomes a personal space for quiet study and books and folders may be stored here. The Library is also open in the evenings for personal quiet study. Art pupils also have their own dedicated A Level studio providing them with a permanent space to be creative and productive.

COMMON ROOM

Sixth Form students enjoy leisure facilities in the comfortable, purpose built College Common Room. Equipped with sofas, beanbags, a table tennis table, pool table and a piano, the Common Room provides you with a space to relax during break times. A small kitchen area also provides space for you to make hot drinks and snacks during your breaks.

"The study facilities in College are excellent. My study is my little home! Our studies are an intricate part of College life." - Georgia

"Having our own space for socialising brings the whole Sixth Form together. I am often asked why I like The Mount and I can answer it simply; the people and the community. The welcoming and supportive environment allowed me to develop academically and socially. I have made amazing friendships." - IZZY



BOARDING

Full, Weekly and Flexi Boarding options are available to pupils in College.

College girls have a dedicated space in the Boarding House to allow them to unwind and socialise together as well as begin to experience independence in preparation for university life.

College girls often choose to weekly or Flexi Board for multiple reasons. This may be on nights when they have extra-curricular activities, or because they have longer journeys to School, or around revision and exam time.



"Weekly boarding has been so beneficial. By completing my work and study during the week I can relax at weekends and spend quality time with my friends and family." - Ceilia



"The success of every girl is a result of the ethos of The Mount, for every girl to succeed to the best of her ability." - Amy

"I have become a lot more confident since joining The Mount. The all-girl environment creates a community where you can speak freely." - Sophie

"I've always been outspoken, but The Mount has changed my perspective. I am aware of others and motivated to work hard and do my best." - Rosa



Come and Visit Us

To arrange a visit please contact the Admissions Team: T: +44 (0)1904 232323 E:admissions@mountschoolyork.co.uk

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